



NAVAJO NATION

COVID-19 Safe Schools Framework

Back to School COVID-19 Safety Tips

Get vaccinated

- If you are 12 years old or older, get vaccinated to protect yourself, your family, teachers and friends.

Practice Social Distancing with other people (6ft)

- Space desks in classrooms, and partitions to separate teacher and students.

Wear a mask

- Make sure your mask covers your nose, mouth and chin.
- Be sure to have extra masks in case one gets dirty or tears.
- Remember: some people may not be able to wear masks for medical reasons.

Stay home if you are feeling sick

- Get tested if you have COVID-19 symptoms, such as:
 - Fever or chills, cough, loss of taste or smell, sore throat or runny nose, problems breathing (shortness of breath), muscle aches, nausea, vomiting, diarrhea, headaches, or feeling tired.

Keep your hands clean

- Wash your hands for at least 20 seconds.
- If you can't wash your hands, use hand sanitizer with at least 60% alcohol.
- Very important to do before and after you eat.

Keep your work station clean

- Help your teacher clean and disinfect your work area- your desk, chair and school supplies.



Vaccines saves lives. Keep everyone safe by getting the COVID-19 vaccine.